

duke university's COACHING

2010 blue devil WRESTLING CAMPS

HEAD COACH FEATURED CLINICIAN



Clar Anderson
NCAA National Champion
Oklahoma State wrestler
3 time NCAA all-american
2004 ACC Coach of the Year

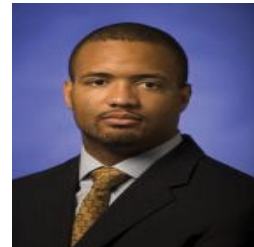


Konrad Dudziak
2009 NCAA Finalist
2 time NCAA all-american

camp staff

corey bell

assistant coach
4X NCAA Qualifier
4X ACC Champion



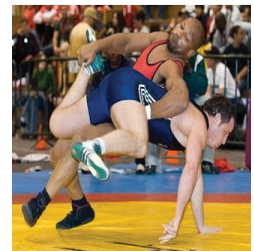
addison nuding

assistant coach
academic all-american
4 year wrestler at duke



michael irving

national champion
4x all-american



unrivaled ambition

duke university wrestling camp
cameron indoor stadium
box 90555, durham, nc, 27708



facilities

Duke's top-of-the-line facilities provide an exceptional atmosphere for gaining a competitive advantage. All facilities are air-conditioned including the wrestling room and the weight room. The newly built Wilson Center contains a well-equipped weight room with everything from free-weights to the newest weight machines. The aquatic center contains two standard diving boards, two high dive boards, and three diving platforms. Also eight lane all-weather track and turf fields. Campers will have access to all of these facilities.

Advanced Skills: \$375 overnight; \$250 commuters
Duke Near You: \$150
Team: \$325 overnight; \$250 commuters
Coach: \$200

Teams: For teams bringing 10 or more wrestlers, the first coach is free. Extra coaches are 1/2 price. Discounts are available for teams bringing 15 or more.

Key / damage deposit: A room key, dorm entry card, and damage deposit is required by Duke University with the application: \$60 for overnight campers and \$10 for commuters. The deposit will be returned in cash at check-out after the key and card have been returned, provided there is no damage to the camper's dorm area. Deposit: A \$160 camp tuition deposit and key/damage deposit is required with the application. \$100 is non-refundable once the camper has been accepted to camp. Balance: The balance must be paid upon arrival to camp. Full payment with the application is appreciated.

lodging & meals

Campers will be housed on the beautiful, internationally recognized, gothic-style campus. There will be two campers per dorm room. When applying, be sure to list any roommate preference. Our dining facilities have received high praises from previous campers for the great food options and unlimited portions.

register and pay online:
www.dukewrestling.com

return your \$160 deposit & application to:
duke wrestling camps
cameron indoor stadium box 90555
durham, nc 27708

camp fees

july 11-14

advanced skills camp

This 'advanced skills camp' is a unique training opportunity suited perfectly for proven state level wrestlers to hone their skills. All high school age wrestlers are eligible, but the camp is specifically designed for state qualifiers, finalists, and wrestlers competing on the national level. Techniques that helped Clar Anderson become a NCAA National Champion and 3X NCAAA All-American will be shown. Camp size is limited to 60 wrestlers due to the amount of personal attention received during camp. This camp is an excellent way to see the campus and meet the coaches; many Duke wrestlers have attended in the past.

'duke near you' camp

you & your coach choose the dates

We know times are tough economically and traditional residential camps may be cost prohibitive. These two day camps are designed to bring Duke University, a collegiate national champion, and a Duke wrestler to a site near you. Like the 'advanced skills camp', these camps will focus on the skills that helped the clinicians become winners. If you are interested, have your coach call the Duke Wrestling office at 919-383-5066. The NCAA has restricted us to host a camp outside a 50 mile radius from Duke University, unless they are owned by the high school or a person.

july 11-14

team & competition camp

This camp is designed for teams and individuals. We will provide technique instruction in all sessions, while adding a unique combination of technique and competition at most sessions. Individual wrestlers are welcome and will be placed on a team. Teams will benefit greatly from the systematic techniques sessions while providing team building activities and competition.

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choose your camp: advanced skills overnight | advanced skills commuter | team overnight | team commuter | \$20 off to wrestlers who register before may 15 (applicable only for advanced skills camp) register and pay online: www.dukewrestling.com deposit: \$160 non-refundable deposit is required with the application. full payment with application is appreciated.

name _____ address _____ phone _____
email (required) _____ school _____ grade (in fall) _____ weight _____ shirt size _____
i hereby certify that _____ is physically fit to participate in an active wrestling camp during the days he has registered. i know of no physical impairments which would in any manner limit his participation.
liability release and indemnity agreement: i hereby request that you accept this application for enrollment in the Duke University Wrestling Camp during the dates set forth in this application. i hereby release the Duke University Board of Trustees, all its employees, the Duke Wrestling Camp and its agents from all participant claims on account of any injuries which may be sustained by me while attending the Duke Wrestling Camp and I agree to indemnify the Duke Board of Trustees, its employees, the Duke Wrestling Camp and its agents for any claim which may hereafter be presented by me as a result of such injuries.
signature of parent/guardian: _____ date: _____
medical insurance co.: _____ policy #: _____
emergency contact _____ phone _____ emergency contact _____ phone _____